2: Read E-5 (1935-1939) 1956
FR5 Ngoni FR5

643 789 766 to its use at the *incwala* ceremony and dance was a reminder of the former belief in the close connexion between the health and strength of the Paramount and the fertility of the land and its crops, a belief which had its counterpart in the cremation of the Paramount and the sweeping of the ashes into the river to fertilize the land.

241 796 The *incwala*, or ceremony of the first-fruits, was of great importance among the Swazi, and the Ngoni 'took it with them' when they left the south. Among the northern and central Ngoni the tradition of the ceremony remained, but the practice was given up before the kingdoms were finally established. Cibambo collected from the old men in the northern kingdom the following account of what took place at the *incwala:*

¶ Among the dances of the Ngoni, *ngoma*, *umsindo*, *ligubo*, *incwala* was the best and most important. They say it lasted about two weeks, or if it began when the moon was full until it became new again. When they said [643 424] '*incwala* is closed', no one sings or dances it again; when it begins everyone sings the songs of *incwala* and no others. This dance belonged to the [178] Paramount of the whole country. A description of *incwala* is difficult because it was given up long ago. Even the old people of today have never seen it.

It began in the middle of the month of *Intokoni* (January). Young men were sent to look for ripe food in the gardens by streams. The owners had not picked any nor was much of the crop nearly ready. They took some juicy stalks of maize, and pumpkins with their roots. They also looked for [824 224] a wild fruit like a gourd, very bitter, which some people use to stir up their dogs to make them fierce in hunting and quick in scent. This fruit the Ngoni call *igumuzo*. These they mix with medicines and the *inkosi* eats it without the people knowing. The belief was that if the Paramount ate the first-fruits carelessly, or if the people were the first to taste the first-fruits of the year, there would be disaster for the *inkosi* and the country. After a month, when the crops were ripening, the *incwala* began, the crops not being completely ripe and no one having yet tasted the new crops.

In the month of February the *inkosi* announced that everywhere the *incwala ye'nkosi* should begin on such-and-such a day. Quickly much beer was cooked in all the villages by everyone. On the day the beer-making began, the dance began also. The word was sent round everywhere: *incwala seigwabuliwe*, '*incwala* is now opened'. All the people went to the central village of Elangeni, the village of Hlacwayo. They took crops which had been planted in December, *impala*, and added the first *igumuzo* fruit to them. Great crowds of people gathered at Elangeni and danced. Many were in the kraal but many more were dancing outside. All were dressed carefully. They danced with reeds in their hands or with the sticks of their shields. It seemed as though the song everywhere was the same. Women going for wood and water, and children and youths, [535] wherever they went, the song was on their lips. In dancing the women were by themselves, and the men by themselves. They faced each other in the dance. They were bending their bodies backwards and forwards, and moving their necks and shoulders.